



8 November 2010

Dear Club / School Coach,

Key National Themes Regional Launch

On behalf of Scottish Rugby I would like to invite you to the forthcoming regional launch of the Key National Themes (KNT's) for 2010-11.

Venue: Melrose RFC

Date: 8th December 2010

Time: 6.30pm – 9pm

The purpose of the KNT's programme is to work with, train and support club and school coaches in helping young players understand, acquire and develop the key basic skills that underpin so many facets of rugby. In order to achieve this we have developed a quality coaching resource which will be provided at the Regional Launch. Specialist staff (Regional Development Manager, Regional Academy Coach and Coach Development Officer) will be on hand at the launch to:

- explain the background and rationale for the KNT's;
- explain the key coaching and technical points for KNT's;
- advise and support coaches on using the KNT's & the resource;
- provide practical examples of KNT sessions and how to incorporate them into your coaching programme.

This season also sees the launch of the restructured male player pathway which will place greater emphasis on increasing the skill development of players at Under-14 to Under-15 level ('developing the player' stage (12-16yrs) of Scottish Rugby's LTPD framework), through the delivery of these KNT's and the forthcoming national curriculum. The KNT's roll-out represents part of our ongoing efforts to connect rugby pathways at all levels so that we develop more skillful, successful and fulfilled players and coaches at all levels.

I hope you are able to attend this event and take advantage of the resources and subsequent programme of local coaching updates/session. Please contact your Regional Development Manager to confirm attendance.

Yours sincerely,

Brian Renwick
Regional Development Manager